

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BREADED FISH SERVED WITH SEASONED NEW POTATOES & PEAS	BEEF LASAGNE SERVED WITH GARLIC BREAD & SALAD	COTTAGE PIE SERVED WITH SEASONAL VEGETABLES	CHICKEN DHANSAK SERVED WITH RICE	HOT & SPICY CHICKEN GOUJON SERVED WITH CHIPS AND BAKED BEANS
PLANT BASED /VEGETARIAN	VEG FINGERS SERVED WITH SEASONED NEW POTATOES & PEAS	VEGETARIAN LASAGNE SERVED WITH GARLIC BREAD & SALAD	MACARONI CHEESE SERVED WITH SALAD	SPINACHE WITH SWEET POTATO & LENTIL DHAL & RICE	VEGAN SAUSAGE ROLL SERVED WITH CHIPS AND BAKED BEANS
STREET FOOD	Chicken and Cheese Panini	LAMB SHEEKH KEBAB	CHICKEN TIKKA KHOBEZ	CHICKEN BURGER	HOT & SPICY CHICKEN WRAP
TAKEAWAY TUBS	PENNE ARRABBIATA	NACHOS WITH SALSA AND CHEESE	VEGETABLE SAMOSA	MAC 'N' CHEESE	TOMATO & BASIL PASTA
PIZZA SLICE	MARGHERITA		MARGHERITA		MARGHERITA
	CHICKEN		CHICKEN & PEPPER		VEGGIE SUPREME
JACKETS	CHOICE OF DELICIOUS FILLINGS				
DESSERT	CHOCOLATE CONCRETE & CUSTARD	FLAPJACK	JAM & COCONUT SPONGE WITH CUSTARD	SHORTBREAD	CHOCOLATE COOKIE



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